

SESSION ONE

WHO DEFINES TRUTH?

Jesus is truth and determines
what is true about His creation.



KEY PASSAGE

John 1:1-18

KEY VERSE

John 14:6

DEFINE THE WORD

Find a friend and ask him or her to tell you the meaning of these words without looking at them. See if your friend's definitions match up with the correct words.

suite / sweet

stair / stare

some / sum

son / sun

Homophones are words that sound the same but have one intended meaning. This session explores how all truth comes from God. He alone determines what is true.

SHARPEN & STRENGTHEN

Truth is found in the Person of Jesus Christ. By knowing Jesus and His Word, we can rightly discern what is true so that we may live a life that glorifies Him. As you go throughout your week, use the true words of God to see the world. Ask God to help you evaluate what is truth in your life and reveal any lies you may believe from culture or personal influences. God delights for us to walk in truth, and He will help us!

What does the Bible say about who defines truth?

- Read John 14:6.
- How does Jesus describe Himself?

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- Does Jesus merely say He speaks truth?

How can we identify cultural falsehoods?

- What are some beliefs or ideas our culture claims to be true but are really false?

How does this change how I evaluate what is true in my own life?

- Read John 17:17. Write any notes or thoughts you have about what this means for you.



Worldview

how we view the world—our basic beliefs about God, humanity, ethics and the world around us (Romans 12:2)

FIRE IT UP!

CHART THE WAY TO TRUTH

Using your Bible, look up the following verses. Fill in the missing words.

1. **Psalms 86:11 (CSB):** "Teach me your _____,
LORD, and I will live by your _____. Give me an
undivided mind to fear your name."
2. **Matthew 22:16 (CSB):** "Teacher," they said, "we know
that you are _____ and teach truthfully the
_____ of God. You don't care what anyone thinks nor
do you show partiality."
3. **1 John 5:20 (CSB):** "And we know that the Son of God
has come and has given us understanding so that we
may know the _____ one. We are in the true
one—that is, in his _____. He is
the _____ God and eternal life."
4. **Psalms 26:3 (CSB):** "For your faithful love guides me,
and I live by your _____."

TELL ME THE TRUTH

Write down three things about yourself that are true and one thing that is false. Don't show anyone what's not true yet!

1.

2.

3.

4.

- Pair up with a friend and see if you can each determine which of the four statements is false. What made it hard to discern the truth from the lie?

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about His
creation.



Culture

the set of shared attitudes, values, goals, and practices that characterizes a group of people (Revelation 7:9)

DAILY DISCIPLESHIP

Here are a few tips as you read God's Word and use the following journal pages to write down what you learn:

- What does the text say? Write down exact truths from the Bible.
- Let Scripture interpret Scripture. What do these verses mean? Be careful to not insert your own meaning into the text. Think about the message the original readers or hearers would have understood.
- How can you apply the truths of God's Word to your life? How should these truths change the way you think and live?

DAY ONE

Jesus is truth.

- Read John 1:14; John 3:33; John 18:37; and Psalm 25:5.

Have you ever heard an idea or fact and wondered if it was really true? Maybe it was something that seemed really extraordinary and hard to believe. With God, we don't have to question what is true because He is truth. Jesus is fully God, and He has all authority and power to determine what is true about His creation. Not only did Jesus create the world and everything in it, but He determined what will be true about His creation. He gave us the right reality by which we should live. Through a relationship with Him, we are able to walk in truth.

- How do the verses provided testify that Jesus is truth?

- How should this change the way you seek after truth?



Sanctify them by the truth; your word is truth.

John 17:17

DAY TWO

Truth is knowable.

- Read John 1:9,14,16; John 16:13; Psalm 119:30; and John 17:17.

God has provided us with ways to know truth. First, God has given us His Son so we can know truth. Truth is a Person (Jesus), and through a relationship with Him, we can know truth. Secondly, God has given us His Word so we can know what He says is true. God's words always speak truth and provide us with a way to determine what is true about the world around us. God has not left us to figure out truth on our own—He has provided a way for us to know Him!

- How do these verses help you to know truth?
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- What or who helps you to know truth?
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DAY THREE

Truth is absolute.

- Read John 1:15-18; Psalm 119:160; Colossians 2:8; and Ephesians 4:20-25.

Maybe you've had a teacher or a friend who said something that was contradictory to God's Word. You know what he said is false because God's Word gives us what is true. Only God has the authority to declare what is true because He is truth. Not only does He have absolute authority, but who He is never changes. The world might disagree on what is right and wrong or even say it doesn't matter! However, God says that truth is absolute and does not change.

- What do these verses teach about the never changing truth of God?
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- Why is this important for how you make decisions or choices?

DAY FOUR

We need the truth for our daily lives.

- Read John 1:4-9; Joshua 24:14; Proverbs 8:7; John 3:21; and 1 Corinthians 13:6.

Have you ever put on a pair of glasses that were the wrong prescription? Or maybe you've swam in a pool and had your eyes burn from the chlorine. If so, you know that it can be hard to see clearly in those situations. If we don't seek to live by God's truth, then our spiritual eyesight is not all that clear either. If truth is important to God, it should be important to us as well. When we live by the truth of God, we live a life that is grounded in all that is right and good. We also glorify God by walking in truth.

- How should you orient your life around truth to live rightly?

- How does your life reflect God's truthfulness?



Truth

who God is and what
He says about the
world, Himself, and us
(John 14:6)

DAY FIVE

Truth has eternal significance.

- Read John 1:12; Ephesians 1:13; 2 Thessalonians 2:13; and 1 Timothy 2:3-4.

Knowing truth (Jesus) is the only way to salvation. Different cultures and religions can tell us various beliefs on how we should live and why it matters. What's more, all of these religions or ideas don't agree! Yet God loves us so much that He wants us to know the only true way to Him. Accepting or rejecting the truth of the gospel will have an eternal impact on our lives.

- What eternal impact will knowing and believing truth have on your life?

- How should you seek to share this truth with others?



JOURNAL & PRAYER
